



# 7<sup>TH</sup> ANNUAL HEART HEALTH FAIR

## Saturday, March 22, 2014

*“Returning Our Focus to Preventative Cardiovascular Medicine”*

**FREE ADMISSION!**

**ARTS & RECREATION CENTRE, CAMANA BAY**

**8:00 A.M. – 2:00 P.M.**

### **PUBLIC LECTURES**

**8:30 A.M.**

Official Opening by Chairman, David Dinner  
And

Welcome Address by Hon. Minister Osbourne Bodden

**9:00 A.M. – 9:20 A.M.**

Radiologist Dr. med Yaron Rado – CTMH  
*"State of the Art Cardiac Screening"*

**9:30 A.M. – 9:50 A.M.**

Cardiologist Dr. Erin Donnelly Michos – Johns Hopkins Medicine  
*"Understanding the New 2013 Cholesterol Guidelines: What Patients and Their Doctors Need to Know"*

**10:00 A.M. – 10:20 A.M.**

Oncologist Dr. Mary Jo Villar – Baptist Health International  
*"The Risks and Effects of Cancer Treatment on the Heart"*

**10:30 A.M. – 10:50 A.M.**

Cardiovascular Consultant Dr. Brian Ramza – St. Luke's Mid America Health Institute  
*"Travelling with Your ICD or Pacemaker"*

**11:00 A.M. – 11:20 A.M.**

Marcia McCoy RN, MSN – Heart Health Centre  
*"Partnering With Your Doctor: Self Care Tips For a Heart Healthy You"*

**11:30 A.M. – 11:50 A.M.**

Internist Dr. Kirubakaran Munuswamy – Holy Cross Hospital  
*"Hypertension Current Treatment"*

**12:00 P.M. – 12:20 P.M.**

Pharmacist Carolyn Whiskin - Cayman Pharmacy Group  
*"Hormones, Heart & Health . . . A Preview of What You Need to Know"*

**12:30 P.M. – 12:50 P.M.**

Interventional Cardiologist Dr. Lance Simkins – Tenet Healthcare  
*"Update in Optimal Health: Talking the Talk and Walking the Walk"*

**1:00 P.M. – 1:20 P.M.**

Simone Davis, BSc, CCDE, RPh – Cayman Pharmacy Group  
*"Myth vs. Truth: Over the Counter Cardiac Supplements"*

### **EXHIBITORS**

**Basic Life Support, Baptist Health International, Holy Cross Hospital, C.I. Diabetes Association, Johns Hopkins, Heart Health Centre, St. Luke's M.A.H.I., Cleveland Clinic, C.I.I.A., Health Services Authority, Tenet Hospital., C.I. Blood Bank, Cayman Pharmacy Group, SMU Kidney Booth & Get Active Kids Zone for children of all ages sponsored by Rotary Sunrise**  
***Register to become a blood donor & receive a basil plant courtesy of Vigoro Nursery!***

### **KNOW YOUR NUMBERS!**

**Free screening for adults & children on Blood Pressure, Body Mass Index, Glucose, Cholesterol and, Waist Circumference & HBAC1 testing provided by CIDA**