



7TH ANNUAL HEART HEALTH FAIR

Saturday, March 22, 2014

“Returning Our Focus to Preventative Cardiovascular Medicine”

FREE ADMISSION!

ARTS & RECREATION CENTRE
CAMANA BAY
8:00 AM – 2:00 PM

PRESENTED IN CONJUNCTION WITH:
ST. MATTHEW’S UNIVERSITY, ROTARY SUNRISE OF
GRAND CAYMAN, DART & CAMANA BAY

Know Your Numbers!

Free Cardiac Risk Screenings for Adults & Children on:

Blood Pressure, BMI (Body Mass Index), Blood Glucose & Cholesterol & Waist Circumference

Please do NOT eat or drink 10 hours prior to the test (except blood pressure medicine).

HBAC1 testing provided by



REGISTER TO BECOME A BLOOD DONOR

You will receive a basil plant courtesy of Vigoro Nursery

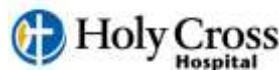
EXHIBITORS

- AED/BCLS • C.I. D.A.
- BAPTIST HEALTH INTERNATIONAL
- BLOOD BANK • HOLY CROSS HOSPITAL
- TENET HOSPITAL FLORIDA • H.S.A.
- JOHNS HOPKINS • ST. MATTHEW’S KIDNEY DISPLAY • HEART HEALTH CENTRE • ST. LUKE’S MAHI • C.I.I.A.
- LOCAL & INTERNATIONAL DOCTORS • NUTRITIONISTS/DIETICIANS • PHARMACISTS AND MUCH, MUCH MORE!

ACTIVITIES AND FUN FOR THE ENTIRE FAMILY!

- GET ACTIVE KIDS ZONE FOR CHILDREN SPONSORED BY ROTARY SUNRISE & CHF INCLUDING ZUMBA DANCING, KARATE AND MUCH MORE!
- PRESENTATIONS BY INTERNATIONAL AND LOCAL MEDICAL SPECIALISTS
- HEART HEALTHY LOCAL PRODUCE BY MARKET ON THE GROUND & CARDIAC PROTECTIVE HEALTHY SNACKS

PLATINUM SPONSORS



OTHER SPONSORS

